

RESEARCH PAPER

The metabolic enhancer piracetam ameliorates the impairment of mitochondrial function and neurite outgrowth induced by β -amyloid peptideC Kurz¹, I Ungerer¹, U Lipka¹, S Kirr¹, T Schütt¹, A Eckert², K Leuner¹ and WE Müller¹¹Department of Pharmacology, Biocenter, University Frankfurt/M, Germany; and ²Neurobiological Research Laboratory, Psychiatric University Clinics, Basel, Switzerland

Background and purpose: β -Amyloid peptide ($A\beta$) is implicated in the pathogenesis of Alzheimer's disease by initiating a cascade of events from mitochondrial dysfunction to neuronal death. The metabolic enhancer piracetam has been shown to improve mitochondrial dysfunction following brain aging and experimentally induced oxidative stress.

Experimental approach: We used cell lines (PC12 and HEK cells) and murine dissociated brain cells. The protective effects of piracetam *in vitro* and *ex vivo* on $A\beta$ -induced impairment of mitochondrial function (as mitochondrial membrane potential and ATP production), on secretion of soluble $A\beta$ and on neurite outgrowth in PC12 cells were investigated.

Key results: Piracetam improves mitochondrial function of PC12 cells and acutely dissociated brain cells from young NMRI mice following exposure to extracellular $A\beta_{1-42}$. Similar protective effects against $A\beta_{1-42}$ were observed in dissociated brain cells from aged NMRI mice, or mice transgenic for mutant human amyloid precursor protein (APP) treated with piracetam for 14 days. Soluble $A\beta$ load was markedly diminished in the brain of those animals after treatment with piracetam. $A\beta$ production by HEK cells stably transfected with mutant human APP was elevated by oxidative stress and this was reduced by piracetam. Impairment of neuritogenesis is an important consequence of $A\beta$ -induced mitochondrial dysfunction and $A\beta$ -induced reduction of neurite growth in PC12 cells was substantially improved by piracetam.

Conclusion and implications: Our findings strongly support the concept of improving mitochondrial function as an approach to ameliorate the detrimental effects of $A\beta$ on brain function.

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Keywords: piracetam; mitochondrial function; ATP production; neurite growth; β -amyloid; Alzheimer's disease

Abbreviations: $A\beta$, β -Amyloid; AD, Alzheimer's disease; APP, amyloid precursor protein; BSA, Bovine serum albumin; DMEM, Dulbecco's modified Eagle's medium; HBSS, Hanks' balanced salt solution; HEPES (4-2-hydroxyethyl)-1-piperazineethanesulfonic acid; MMP, Mitochondrial membrane potential; R123, Rhodamine 123; SNP, Sodium nitroprusside; TBS, Tris-buffered saline; tgAPP, transgenic for the human amyloid precursor protein

Introduction

Piracetam, the prototype of the so-called 'nootropic' drugs (Giurgea, 1982), is used in many countries to treat cognitive impairment in aging or brain injury, as well as in dementia states. Although its clinical usefulness is still a matter of dispute, a large meta-analysis of all available (published and not published) clinical studies provided compelling evidence

for the global efficacy of piracetam in a diverse group of older subjects with cognitive impairment (Waegemans *et al.*, 2002).

As in the studies with humans, piracetam has also been shown to improve cognitive function in animals, but its mode of action is not yet finally known (Giurgea, 1982; Müller *et al.*, 1999). Findings that the efficacy of piracetam in animals or humans is usually associated with conditions of disturbed energy supply like aging (Valzelli *et al.*, 1980; Müller *et al.*, 1997), or various hypoxic conditions (Saletu *et al.*, 1995; Uebelhack *et al.*, 2003; He *et al.*, 2008; Holinski *et al.*, 2008) have led to the proposal that piracetam's mechanism of action is associated with biochemical deficits typical of the senescent brain. This proposal was later supported by

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observations that piracetam specifically enhances membrane fluidity in aged brain material, showing no effect in membranes from young brains (Müller *et al.*, 1997). Since piracetam's effects at the membrane level were observed at concentrations, comparable to those used in pharmacological experiments to improve cognition (Müller *et al.*, 1997) or in patients treated with piracetam (Müller *et al.*, 1997; Saletu *et al.*, 1995), we proposed that by restoring age-related membrane alterations, piracetam improves brain function and finally cognition (Scheuer *et al.*, 1999). At the subcellular level, piracetam's effects on membrane fluidity could be demonstrated for synaptosomal plasma membranes and also for membranes from brain mitochondria (Müller *et al.*, 1999). Exactly how piracetam stabilizes membranes is not known. Since it does not interact with any specific target structure known, the most likely explanation seems to be its binding to the polar head groups of membrane phospholipids (Müller *et al.*, 1997; Müller *et al.*, 1999).

Evidence that piracetam's beneficial effects on the fluidity of aged membranes might lead to enhanced mitochondrial function originated from observations that piracetam improved glucose uptake and utilization as well as ATP production (Domanska-Janik and Zaleska, 1977; Benzi *et al.*, 1985; Heiss *et al.*, 1988; Naftalin *et al.*, 2004). Even if these effects led to the term 'metabolic enhancer' sometimes used to characterize piracetam and related nootropics, the mechanism of this effect and its possible relationship to mitochondrial function remain obscure.

As already mentioned, piracetam's beneficial effects are usually associated with impaired brain function under conditions such as aging, hypoxia, glucose deprivation, injuries or free radical damage (Giurgea, 1982; Müller *et al.*, 1999). It is quite remarkable that all these conditions, even if other deficits are also present, are associated with the vicious cycle involving energy (ATP) deficit, oxidative stress and mitochondrial dysfunction (Sastre *et al.*, 2003; Mattson and Magnus, 2006; Fukui and Moraes, 2008) which also lead to impaired measures of synaptic plasticity like spine density and neurite outgrowth and finally to cell death. These data are in agreement with our previous observations of significant mitochondrial protection by piracetam against experimentally induced oxidative as well as nitro-oxidative stress *in vitro* and after *ex vivo* treatment, where again aged animals with well-characterized mitochondrial dysfunction benefited most (Keil *et al.*, 2006). Compatible with the proposal of mitochondrial membranes as a primary target for piracetam, the beneficial effect of this compound was similar after experimental impairment of each of the five respiratory chain complexes (Keil *et al.*, 2006).

Oxidative stress and mitochondrial dysfunction have been repeatedly demonstrated as a major causative factor for neurodegeneration in Alzheimer's disease (AD) (Eckert *et al.*, 2003; Reddy and Beal, 2008) where aging, as the most important risk factor, and disease-specific histopathological lesions [β -amyloid (A β), hyperphosphorylated tau protein] seem to lead synergistically to mitochondrial dysfunction even in the early stages of the disease (Pereira *et al.*, 1999; Leuner *et al.*, 2007; Eckert *et al.*, 2008; Hauptmann *et al.*, 2009). Accordingly, we investigated the possible beneficial effects of piracetam on mitochondrial function impaired by A β , measuring

mitochondrial membrane potential (MMP), ATP production and neuritogenesis.

Methods

Preparation of A β peptides

The preparation of aged fibrillar A β_{1-42} was performed as previously reported (Keil *et al.*, 2004) and that of oligomeric A β , according to Stine *et al.* (2003) and Peters *et al.* (2009). A β_{1-42} (1 mg) was dissolved in Tris-buffered saline (pH 7.4) at a concentration of 1 mM and stored at -20°C . The stock solution was diluted in Tris-buffered saline to the desired concentrations and incubated at 37°C for 24 h to have aged fibrillar preparations of A β_{1-42} . To prepare oligomeric A β , 1 mg of A β_{1-42} was dissolved in 222 μL 1,1,1,3,3,3-hexafluoro-isopropanol. Solutions were evaporated using a speed vacuum for 45 min. The dried film was re-suspended in 2 μL dimethylsulphoxide and diluted in 98 μL Dulbecco's modified Eagle's medium (DMEM) medium to achieve a working solution of 100 μM . The solution was vortexed for 30 s and incubated at 4°C for 24 h. A β_{1-42} peptides were characterized using native gel electrophoresis, followed by silver staining and electron microscopy as described in Peters *et al.* (2009). A β_{25-35} was dissolved in Tris-buffered saline (TBS) pH 7.4 at a concentration of 1 mM and stored at -20°C . The stock solution was diluted in TBS to the desired concentrations and incubated at 37°C for 24 h to obtain aged, aggregated preparations of A β_{25-35} .

Cell culture

PC12 cells were stably transfected with DNA constructs harboring human mutant APP (the Swedish mutation, K670M/N671L) gene (APPsw PC12 cells), the wildtype human gene (APPwt PC12 cells) or the corresponding vector (vectPC12 cells), as described by Keil *et al.* (2004). They were cultured in DMEM supplemented with 10% heat-inactivated fetal calf serum and 5% heat-inactivated horse serum, 50 units $\cdot\text{mL}^{-1}$ penicillin, 50 $\mu\text{g}\cdot\text{mL}^{-1}$ streptomycin, and 400 $\mu\text{g}\cdot\text{mL}^{-1}$ G418 at 37°C in a humidified incubator containing 5% CO_2 . HEK293 cells stably expressing APPwt were cultured in DMEM supplemented with 10% heat-inactivated fetal calf serum, 50 units $\cdot\text{mL}^{-1}$ penicillin, 50 $\mu\text{g}\cdot\text{mL}^{-1}$ streptomycin, and 400 $\mu\text{g}\cdot\text{mL}^{-1}$ G418 at 37°C in a humidified incubator containing 5% CO_2 .

Animals

All animal care and experimental procedures were in concordance with the German law on animal care and handling of transgenic animals. All animals were housed in plastic cages with water and food *ad libitum* and were maintained on a 12 h light/dark cycle. Young (2–3 months) and old (22–24 months) female NMRI mice used in this study were from Harlan-Winkelmann GmbH, Borcheln (Germany). Animals belonging to the aged group were obtained at an age of 12 months and maintained at the Biocenter's animal care facility until use. Female and male heterozygous C57BL/6J mice (from Charles River) bearing the human Swedish mutation (KM670/671NL) and London mutation (V717I) in the 751 amino acid form of

human amyloid precursor protein (tgAPP) under the control of a murine Thy1.2 promoter (Blanchard *et al.*, 2003) were bred in our animal facilities and were used in these experiments at an age of 3 months (Hauptmann *et al.*, 2009). At weaning, the animals were genotyped from tail biopsies by means of an appropriate digest and polymerase chain reaction (data not shown).

Preparation of dissociated brain cells

Mice were killed by decapitation and brains were quickly dissected on ice. Dissociated brain cells were prepared according to Stoll *et al.* (1992). Briefly, after removing the cerebellum, tissue was minced into 2 mL of medium I (NaCl 138, KCl 5.4, Na₂HPO₄ 0.17, K₂HPO₄ 0.22, glucose 5.5 and sucrose 58.4 all in mM, pH 7.35) with a scalpel and further dissociated by trituration through a nylon mesh (pore diameter 1 mm) using a Pasteur pipette. The resulting suspension was filtered by gravity through a fresh nylon mesh with a pore diameter of 0.102 mm. The dissociated cell aggregates were washed twice with medium II (composition, in mM: NaCl 110, KCl 5.3, CaCl₂ × H₂O 1.8, MgCl₂ × 6 H₂O 1, glucose 25, sucrose 70 and HEPES 20; pH 7.4) by centrifugation (400 × g for 3 min at 4°C). 100 μ L of the suspension were used for protein determination. After centrifugation, cells were resuspended in 6 mL DMEM, maintained for incubation of 37°C in a humidified atmosphere of 5% CO₂ : 95% air. Dissociated brain cells were distributed into a 48 well plate (250 μ L per well) for measurement of mitochondrial membrane potential. For measurement of ATP levels, 100 μ L per well was used in a white 96 well plate.

Data are expressed as fluorescence unit per mg protein. The protein content was determined by the method of Lowry *et al.* using BSA as standard (Lowry *et al.*, 1951).

Piracetam treatment

PC12 cells were treated for 24 h with 10 nM A β ₁₋₄₂. 30 min after the onset of A β ₁₋₄₂ exposure, piracetam, aniracetam or oxiracetam were added. Dissociated brain cells were treated for 4 h with 50 nM A β ₁₋₄₂ or 25 μ M A β ₂₅₋₃₅, piracetam was added 1 h after the onset of exposure.

Treatment of animals

The treated animals received 0.1, 0.25 or 0.5 g·kg⁻¹ piracetam in 0.9 % NaCl solution p.o. once daily for 2 weeks. Control animals were treated with 0.9 % NaCl alone. The animals were killed 24 h after the last treatment. The dissociated brain cells of untreated and treated mice were incubated for 4 h with 50 nM A β ₁₋₄₂ or 25 μ M A β ₂₅₋₃₅.

Measurement of mitochondrial membrane potential (MMP)

PC12 cells were plated the day before at a density of 2×10^5 cells per well in a 24 well plate. The MMP of PC12 cells was measured using the fluorescence dye Rhodamine 123 (R123). The experimental conditions used have been shown previously to detect even small changes (Keil *et al.*, 2004, 2006; Hauptmann *et al.*, 2009). Transmembrane distribution of the

dye depends on the MMP. The dye was added to the cell culture medium in a concentration of 0.4 μ M for 15 min (Keil *et al.*, 2004, 2006). The cells were washed twice with Hanks' balanced salt solution (HBSS) and the fluorescence was determined with a fluorescence reader (Victor® multilabel counter, Perkin-Elmer, Waltham, MA, USA) at 490/535 nm. The MMP of dissociated neurons was also measured using R123 in a concentration of 0.4 μ M for 15 min and washed twice with HBSS (Hauptmann *et al.*, 2009).

Determination of ATP levels with a bioluminescence assay (ViaLight™ HT)

Brain cells of mice were plated in a white 96 well plate. The assay is based upon the bioluminescent measurement of ATP (Crouch *et al.*, 1993) and the bioluminescent method utilizes the enzyme luciferase that catalyses the formation of light from ATP and luciferin. The emitted light is linearly related to the ATP concentration and is measured using a luminometer (Victor® multilabel counter, Perkin-Elmer).

Detection of A β levels in transgenic mice

For the detection of secreted soluble A β ₁₋₄₀ in cell supernatants, a specific sandwich enzyme-linked immunosorbent assay employing monoclonal antibodies was used. The ELISA was performed according to the instructions given in the Abeta-ELISA by Invitrogen. This standard sandwich ELISA utilizes a monoclonal mouse anti-human Abeta₁₋₁₆ capture antibody, a cleavage-site-specific rabbit anti-human A β ₁₋₄₀ C-terminal detection antibody and anti-rabbit IgG peroxidase-conjugated secondary antibody. Colour development is started by addition of tetramethylbenzidine yielding a yellow chromophore with absorbance at 450 nm. Absorbance was measured in Victor® plate reader using 450 nm filter with 7 nm bandpass. Sample concentrations were determined from the A β ₁₋₄₀ standard curve, which was obtained from plotting the absorption of the standard dilutions versus the standard concentrations and calculation of the best-fit polynomial equation (Prism Graph Pad®, GraphPad Software, La Jolla, CA, USA).

Detection of A β levels in HEKwt 293 cells

In order to assess the prophylactic potency of piracetam in reducing A β production after nitrosative stress, HEKwt cells were pre-incubated with 1 mM piracetam for 24 h, then the culture medium was changed and the incubation with piracetam was continued for another 24 h in the presence of 0.5 mM sodium nitroprusside (SNP). The A β secretion in the presence of piracetam was compared with that from HEKwt cells treated with SNP alone.

Neurite outgrowth assay in PC12 cells

PC12 cells were plated at a density of 10^4 cells per plate (85 mm, polylysine coated) in 15% serum containing medium overnight. The next day, medium was changed to a medium containing 2% serum and nerve growth factor (NGF; 50 ng·mL⁻¹). Cells were stressed every day with oligomeric A β

1 μ M or SNP 0.05 mM in the presence or absence of piracetam 1 mM. PC12 cells stably expressing human mutant APP gene (APPsw PC12) or the APPwt gene (APPwt PC12), inserted downstream of a cytomegalovirus promoter, were treated as described above. For 6 days, cells were treated with different NGF concentrations (1–50 ng·mL⁻¹) in the absence or presence of piracetam 1 mM. The neurite length was examined 6 days after different treatment regimes. After 6 days PC12 cells were fixed with paraformaldehyde solution (4%) and stained with Mayer's haematoxylin and eosin solution. Thirty cells from each sample ($n = 1$) were arbitrarily investigated and neurite length was detected by using Nikon NIS Elements AR 2.1 software, Nikon Instruments, Inc., Melville, NY, USA.

Statistical analysis

Data are shown as mean \pm SEM. For statistical comparison, Students *t*-test or two-way ANOVA followed by Bonferroni's *post hoc* test was used. *P* values less than 0.05 were considered statistically significant.

Materials

R123 was purchased from Invitrogen, Karlsruhe (Germany), and the ViaLight HT kit from Cambrex, Vervies (Brussels). Hydrogen peroxide and SNP were obtained from Sigma, Munich (Germany). The A β ELISA kit was purchased from Invitrogen, Karlsruhe (Germany). BSA was obtained from BIO-RAD, Munich (Germany). A β ₁₋₄₂ and A β ₂₅₋₃₅ were purchased from Bachem, Bubendorf (Switzerland).

Drug and molecular target nomenclature conforms to *BJP's* Guide to Receptors and Channels (Alexander *et al.*, 2009).

Results

A β -induced alterations of MMP are improved by treatment in vitro with piracetam and two structurally related nootropics

When PC12 cells were treated with fibrillar A β ₁₋₄₂ 10 nM (concentration for maximal effect according to Keil *et al.*, 2004) for 24 h, a reduction of MMP was observed as described previously (Keil *et al.*, 2004). The addition of piracetam 30 min after A β ₁₋₄₂ substantially protected MMP (Figure 1A) at concentrations as low as 0.1 mM ($P < 0.05$, Figure 1B). Comparable protective effects of piracetam were observed for dissociated brain cells of NMRI mice following incubation with fibrillar A β ₁₋₄₂ (50 nM) (Figure 1B). For these experiments, we used a slightly higher A β ₁₋₄₂ concentration, which showed maximal MMP reduction for these cells in preliminary experiments. In both cell types, piracetam alone has no effect on MMP (data not shown). The two structurally related metabolic enhancers, oxiracetam and aniracetam, also protected PC12 cells against fibrillar A β ₁₋₄₂ induced mitochondrial dysfunction (Figure 1C and D). In line with their nootropic potency, protection by oxiracetam was seen at slightly higher concentrations (0.5 mM, $P < 0.05$) (Fordyce *et al.*, 1995; Hlinak and Krejci, 2002) while aniracetam was active at considerably lower concentrations (0.01 mM, $P < 0.05$) (Smith and Wehner, 2002).

Protection against mitochondrial damage induced by low level expression of human A β in PC12 cells

Many recent findings suggest mitochondrial dysfunction and reduction of MMP as very early events in the neuropathology of AD, long before the extracellular accumulation of A β plaques (Chan *et al.*, 2002; Selkoe, 2002; Blanchard *et al.*, 2003; Hauptmann *et al.*, 2009). As a model for low-level A β exposure and the accompanying mitochondrial damage, we previously generated PC12 cells stably expressing either APPwt or APPsw (Leutz *et al.*, 2002; Marques *et al.*, 2003; Keil *et al.*, 2004). This latter transfection results in a three- to six-fold increase in production of A β , compared with wildtype APP. Expression of APPsw renders these cells more vulnerable to the induction of mitochondrial dysfunction and cell death after exposure to oxidative stress (Marques *et al.*, 2003; Keil *et al.*, 2004).

In the present study, we investigated the efficacy of piracetam to protect mitochondria in these PC12 cells, additionally challenged by SNP (0.5 mM) (Keil *et al.*, 2004). The decrease in MMP and ATP levels is shown in Figure 1E and F. The response of the PC12 cells to the nitrosative stress depended on the A β load. As expected, piracetam was also able to protect against changes in MMP and reduction of ATP levels induced by SNP in all three cell lines, at a concentration of 0.5 mM, even if the mitochondrial damage after NO exposure in APPsw PC12 cells is more pronounced than in vct cells and APPwt PC12 cells. Under the conditions chosen, piracetam alone had no effect on MMP in all three cell types (data not shown).

Piracetam treatment protects against A β peptides ex vivo

We have previously shown that when NMRI mice of different ages were treated with piracetam, protection against oxidative injuries was more pronounced in the brain of aged than of young animals (Keil *et al.*, 2006). Accordingly, we similarly treated 3 months and 22 months old NMRI mice for 14 days with piracetam (0.5 g·kg⁻¹·day⁻¹ orally). Dissociated brain cells of control young and aged animals showed a rather similar reduction of MMP following *ex vivo* treatment with fibrillar A β ₁₋₄₂ (Figure 2A and B). Protection by piracetam relative to control cells also treated with A β ₁₋₄₂ was not significant in young animals. By contrast, in brain cells from aged mice, treated similarly with piracetam, there was significantly greater protection against A β ₁₋₄₂ induced mitochondrial damage ($P < 0.01$). The protective effect of piracetam in aged mice was dose-dependent and also protected brain cells against the neurotoxic A β sequence 25-35 (A β ₂₅₋₃₅) (Canevari *et al.*, 1999; Casley *et al.*, 2002; Villard *et al.*, 2009) (Figure 2C and D). The first significant effects were seen at oral piracetam doses between 0.1 and 0.25 g·kg⁻¹·day⁻¹ ($P < 0.05$).

Piracetam ameliorates mitochondrial dysfunction in transgenic animals overexpressing human A β

Isolated brain cells of mice overexpressing mutated human amyloid precursor protein (tgAPP) showed significant reductions of MMP ($P < 0.05$) and ATP synthesis ($P < 0.05$) relative to non-transgenic littermate controls (Figure 3A and B), confirming previous observations (Hauptmann *et al.*, 2009).

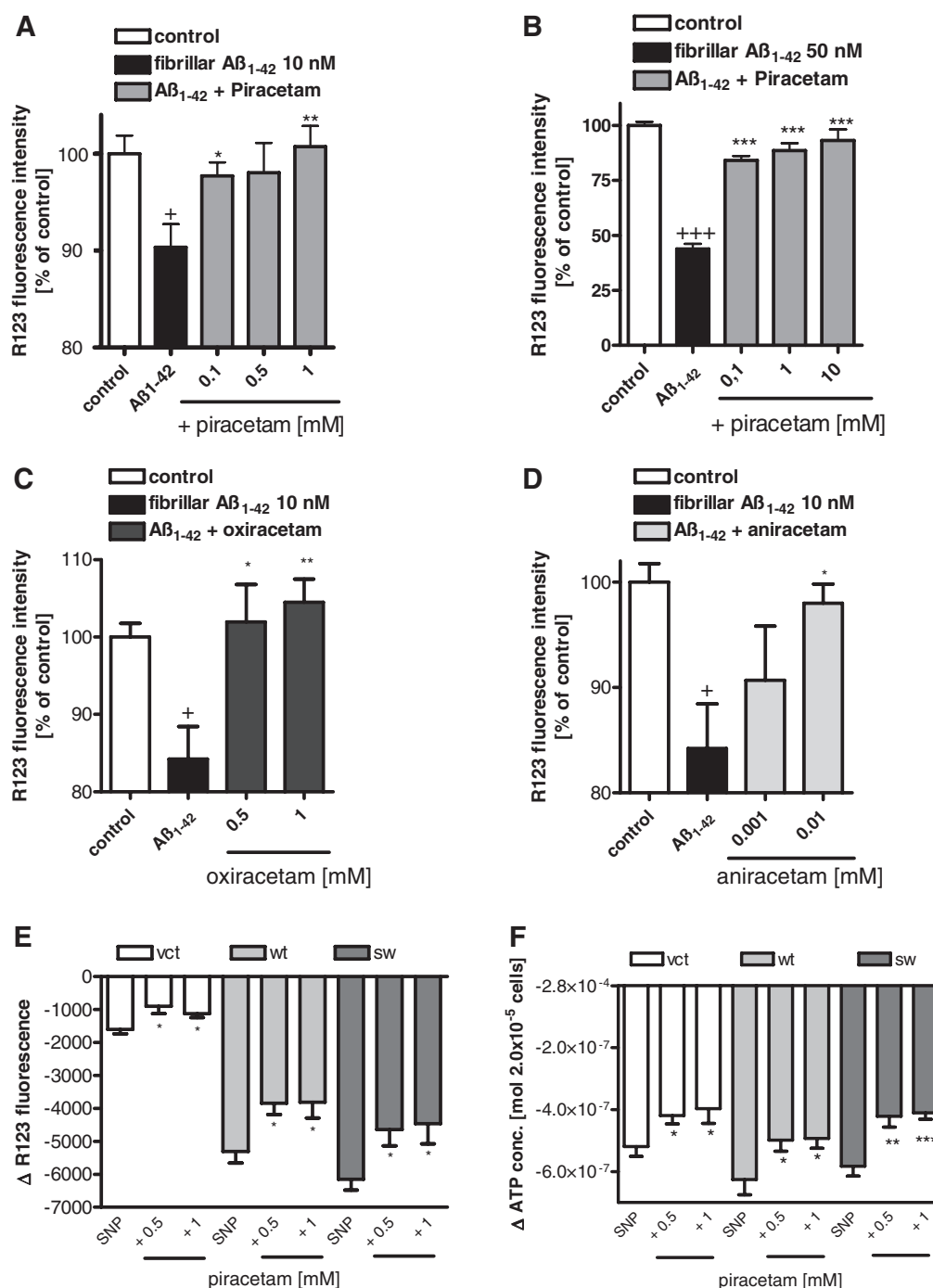


Figure 1 Piracetam, aniracetam, and oxiracetam ameliorate A β impaired mitochondrial function. (A) PC12 cells were treated for 24 h with fibrillar A β ₁₋₄₂, 30 min after insult piracetam (0.1 mM, 0.5 mM or 1 mM) was added and the MMP was measured using the fluorescence dye R123. Data are expressed as means \pm SEM ($n = 4-5$). $+P < 0.05$ A β ₁₋₄₂ induced reduction of MMP versus untreated control; $**P < 0.01$, $*P < 0.05$ A β ₁₋₄₂ induced reduction of MMP versus piracetam treatment; student's unpaired t -test. (B) Dissociated brain cells isolated from NMRI mice were stressed for 4 h with fibrillar A β ₁₋₄₂. After 1 h, piracetam (0.1, 1, 10 mM) was added; again the mitochondrial membrane potential was detected. Data are expressed as means \pm SEM ($n = 4-5$). $+++P < 0.001$ A β ₁₋₄₂ versus control; $**P < 0.01$ piracetam treatment versus A β ₁₋₄₂; student's unpaired t -test (C and D) PC12 cells were treated for 24 h with A β ₁₋₄₂, 30 min after insult oxiracetam (C) (0.5 mM or 1 mM), or aniracetam (D) (0.001 mM or 0.01 mM) were added and the MMP was investigated using R123. Data are expressed as means \pm SEM ($n = 4-5$). $+P < 0.05$ A β ₁₋₄₂ versus control; $**P < 0.01$ oxiracetam or aniracetam treatment versus A β ₁₋₄₂, student's unpaired t -test (E) APPwt, APPsw and vctPC12 cells were stressed with SNP 0.5 mM in the presence and absence of piracetam (0.5 mM, 1 mM) and the MMP (E) and ATP levels (F) were measured. Data are presented as the reduction of MMP and ATP induced by SNP and the respective improvement by piracetam. PC12 cells were incubated 24 h with SNP, piracetam was added 30 min after insult. Data are expressed as means \pm SEM ($n = 4$). $*P < 0.05$ SNP induced reduction of mitochondrial membrane potential in vct cells, APPwt, or APPsw cells versus vct cells, APPwt or APPsw cells treated with piracetam; $*P < 0.05$, $**P < 0.01$, $***P < 0.001$ SNP induced reduction of ATP levels in vct cells, APPwt or APPsw cells versus ATP levels of vct cells, APPwt or APPsw cells treated with piracetam, student's unpaired t -test. APP, Amyloid precursor protein; APPsw, Swedish APP mutation; APPwt, Wildtype human APP; MMP, Mitochondrial membrane potential; R123, Rhodamine 123; SNP, Sodium nitroprusside.

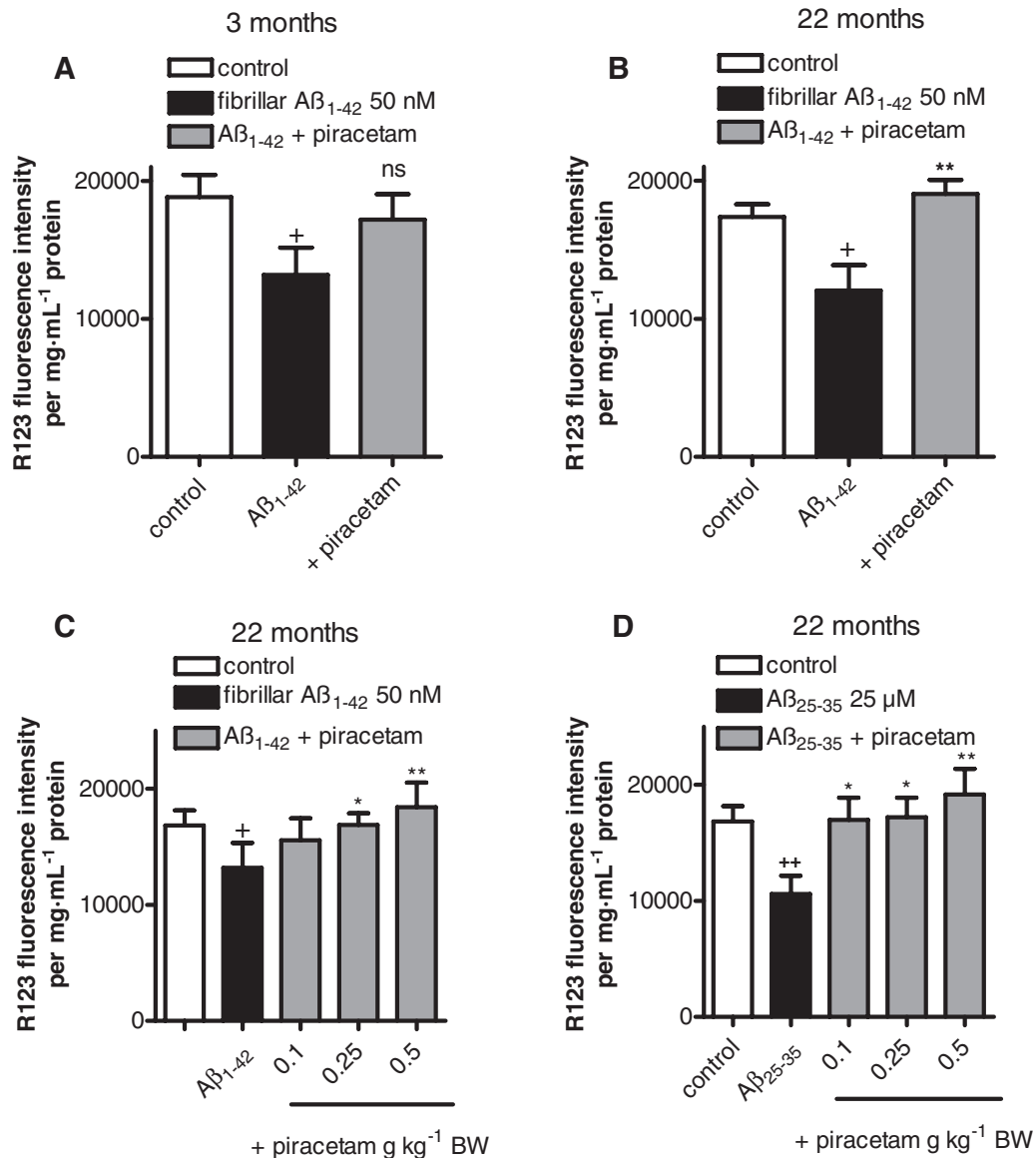


Figure 2 Piracetam treatment improves MMP after A β 1-42 induced stress *in vitro* and *ex vivo*. (A and B) Young NMRI mice (A, 3 months) and aged mice (B, 22 months) were treated with 0.5 g piracetam kg⁻¹ in 0.9% NaCl solution p.o. once daily for 2 weeks. Dissociated brain cells were prepared and stressed with fibrillar A β 1-42 (50 nM) for 4 h in the presence or absence of piracetam (1 mM). MMP was measured using R123. Data are expressed as means \pm SEM ($n = 6-8$). + $P < 0.05$, ++ $P < 0.01$ control against A β 1-42 treated dissociated brain cells; ns; * $P < 0.01$ membrane potential of dissociated brain cells stressed with A β 1-42 against dissociated brain cells treated with A β 1-42 in the presence of piracetam; student's unpaired *t*-test. (C) Aged mice (22 months) received 0.1, 0.25, 0.5 g piracetam kg⁻¹ in 0.9% NaCl solution p.o. once daily for 2 weeks. Control animals were treated with 0.9% NaCl solution alone. Afterwards, dissociated brain cells were incubated *ex vivo* for 4 h with 50 nM fibrillar A β 1-42 and MMP was measured. Piracetam protects against A β 1-42 and A β 25-35 induced mitochondrial damage *ex vivo*. Membrane potential of dissociated brain cells was measured after 4 h incubation with 50 nM A β 1-42 (C) and 25 μM A β 25-35 (D). Data are expressed as means \pm SEM ($n = 6-8$). + $P < 0.05$, ++ $P < 0.01$ untreated control versus A β 1-42 induced reduction of MMP; * $P < 0.05$, ** $P < 0.01$ A β 1-42 or A β 25-35 reduced MMP versus piracetam treated groups; student's unpaired *t*-test. MMP, Mitochondrial membrane potential; R123, Rhodamine 123.

Piracetam treatment (0.5 g·kg⁻¹·day⁻¹ orally) as used in for NMRI mice (see above) substantially improved MMP and ATP production (both $P < 0.05$) (Figure 3A and B).

As reported earlier (Hauptmann *et al.*, 2009), these mice express substantial level of soluble A β in the brain (Figure 3C) while littermates do not. Quite interestingly, piracetam treatment led to an about 25% reduction of soluble A β (Figure 3C, $P < 0.01$). In order to investigate if this effect of piracetam on A β levels might also be associated with improved mitochondrial function, we used APPwt HEK293 cells stably overex-

pressing human APP showing moderately enhanced A β levels (Keil *et al.*, 2004). Piracetam lowered A β levels under basal conditions (Figure 3D, $P < 0.01$). In agreement with other findings (Guglielmotto *et al.*, 2009), mitochondrial dysfunction induced with SNP elevated A β 1-40 levels substantially (Figure 3E, $P < 0.001$). Again, treatment with piracetam lowered A β significantly by 15–20% (Figure 3E, $P < 0.05$). In addition, piracetam improved mitochondrial function under the same conditions in APPwt HEK293 when A β generation was decreased (Figure 3E and G).

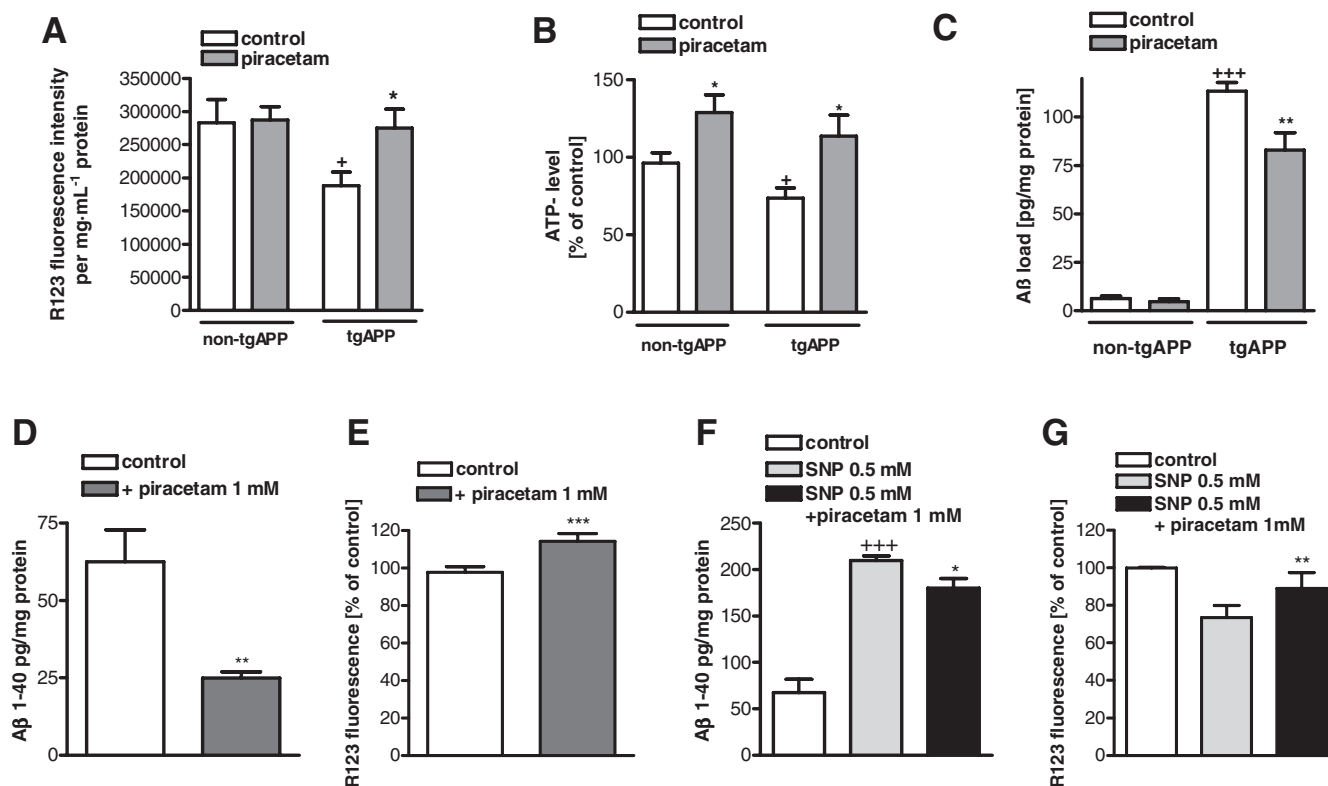


Figure 3 Piracetam improves mitochondrial function in tgAPP mice and reduces A β 1-40 levels in tgAPP mice and APPwt HEK290 cells. Treated animals received 0.5 g piracetam kg⁻¹ in 0.9% NaCl solution p.o. once daily for 2 weeks. Control animals were treated with 0.9% NaCl solution alone. (A) The MMP was significantly reduced in tgAPP mice. Piracetam treatment normalizes the MMP to non-tgAPP levels. Data are expressed as means \pm SEM ($n = 7-8$). $+P < 0.05$ control non-tgAPP versus control tgAPP, $*P < 0.01$ piracetam treated tgAPP versus tgAPP control; student's unpaired t -test. (B) ATP levels were also impaired in tgAPP mice. In contrast, piracetam treatment increases ATP levels not only in tgAPP animals but also in control animals. Data are expressed as means \pm SEM ($n = 7-8$). $*P < 0.05$ control non-tgAPP versus piracetam treated non-tgAPP; $+P < 0.05$ control non-tgAPP versus control tgAPP, $*P < 0.01$ piracetam treated tgAPP versus tgAPP control; student's unpaired t -test. (C) Piracetam reduced A β 1-40 levels in tg-APP mice. Normalized A β levels were quantified with ELISA in Tris-buffered brain homogenates from non-tg littermate and tgAPP mice (3 months old). Data are expressed as means \pm SEM ($n = 7-8$). $+++P < 0.05$ control non-tgAPP versus control tgAPP, $**P < 0.01$ piracetam treated tgAPP versus control tgAPP; student's unpaired t -test. (D) Piracetam reduced A β levels in APPwt HEK293 cells. Cells were incubated for 24 h with piracetam (1 mM) and A β 1-40 levels were investigated using the A β 1-40 ELISA. Data are expressed as means \pm SEM ($n = 3-4$). $**P < 0.01$ APPwt HEK293 control cells versus cells treated with piracetam 1 mM; student's unpaired t -test. (E) Piracetam improved MMP under basal conditions in APPwt HEK293 cells. Cells were incubated for 24 h with piracetam (1 mM) and MMP was measured using R123. Data are expressed as means \pm SEM ($n = 6$). $***P < 0.001$ APPwt HEK293 control cells versus cells treated with piracetam; student's unpaired t -test. (F) Piracetam reduced nitrosative stress-induced elevation of A β in APPwt HEK293 cells. Cells were pre-incubated for 24 h with piracetam (1 mM) and stressed for additional 24 h with SNP (0.5 mM). A β levels were again detected using the A β 1-40 ELISA. Data are expressed as means \pm SEM ($n = 3-4$). $+++P < 0.001$ APPwt HEK293 control cells versus cells treated with SNP, $*P < 0.01$ APPwt HEK293 cells stressed with SNP 0.5 mM versus stressed cells pre-incubated with piracetam; student's unpaired t -test. (G) Piracetam ameliorated nitrosative stress-induced reduction of MMP. Cells were pre-incubated for 24 h with piracetam (1 mM) and stressed for additional 24 h with SNP (0.5 mM). Data are expressed as means \pm SEM ($n = 6$). $**P < 0.01$ APPwt HEK293 cells stressed with SNP 0.5 mM versus stressed cells pre-incubated with piracetam, student's unpaired t -test. A β , β -Amyloid; APPwt, Wildtype human amyloid precursor protein; MMP, Mitochondrial membrane potential; tgAPP, Transgenic for the human amyloid precursor protein.

Piracetam ameliorates A β induced impairment of neurite outgrowth

In agreement with the pronounced loss of neurites and synapses in AD brain as one of the functionally most relevant histopathological lesions (Dekosky and Scheff, 1990; Terry et al., 1991; Selkoe, 2002), A β peptides have been repeatedly demonstrated to reduce neuritic outgrowth in different neuronal cell lines *in vitro* including PC12 cells (Figueroa et al., 2002; Hirata et al., 2005; Kuboyama et al., 2005; Hu et al., 2007; Lacor et al., 2007; Evans et al., 2008; Petratos et al., 2008). Oligomeric A β seems to be more active than fibrillar A β (Lacor et al., 2007; Evans et al., 2008). In agreement with these observations, the addition of oligomeric A β ₁₋₄₂ to NGF treated PC12 cells reduced neurite length significantly (Figure 4A and

B). More of 60% of the maximum effect (at 1 μ M A β ₁₋₄₂) was seen at 100 nM oligomeric A β ₁₋₄₂ ($P < 0.01$). However, as in our other experiments where piracetam protection was investigated for maximum A β damage, we also used oligomeric A β ₁₋₄₂ at its maximally effective concentration, 1 μ M ($P < 0.01$). When the same experiment was carried out in the presence of piracetam (1 mM), the negative effect of oligomeric A β ₁₋₄₂ was completely inhibited (Figure 4A and B, $P < 0.001$). In agreement with the assumption that enhanced oxidative stress might explain the A β induced reduction of neurite outgrowth (Guglielmotto et al., 2009) treating PC12 cells with SNP (0.05 mM) reduced neurite outgrowth even more strongly (Figure 4C, $P < 0.001$). Again, piracetam ameliorated this negative effect significantly, but not completely (Figure 4C,

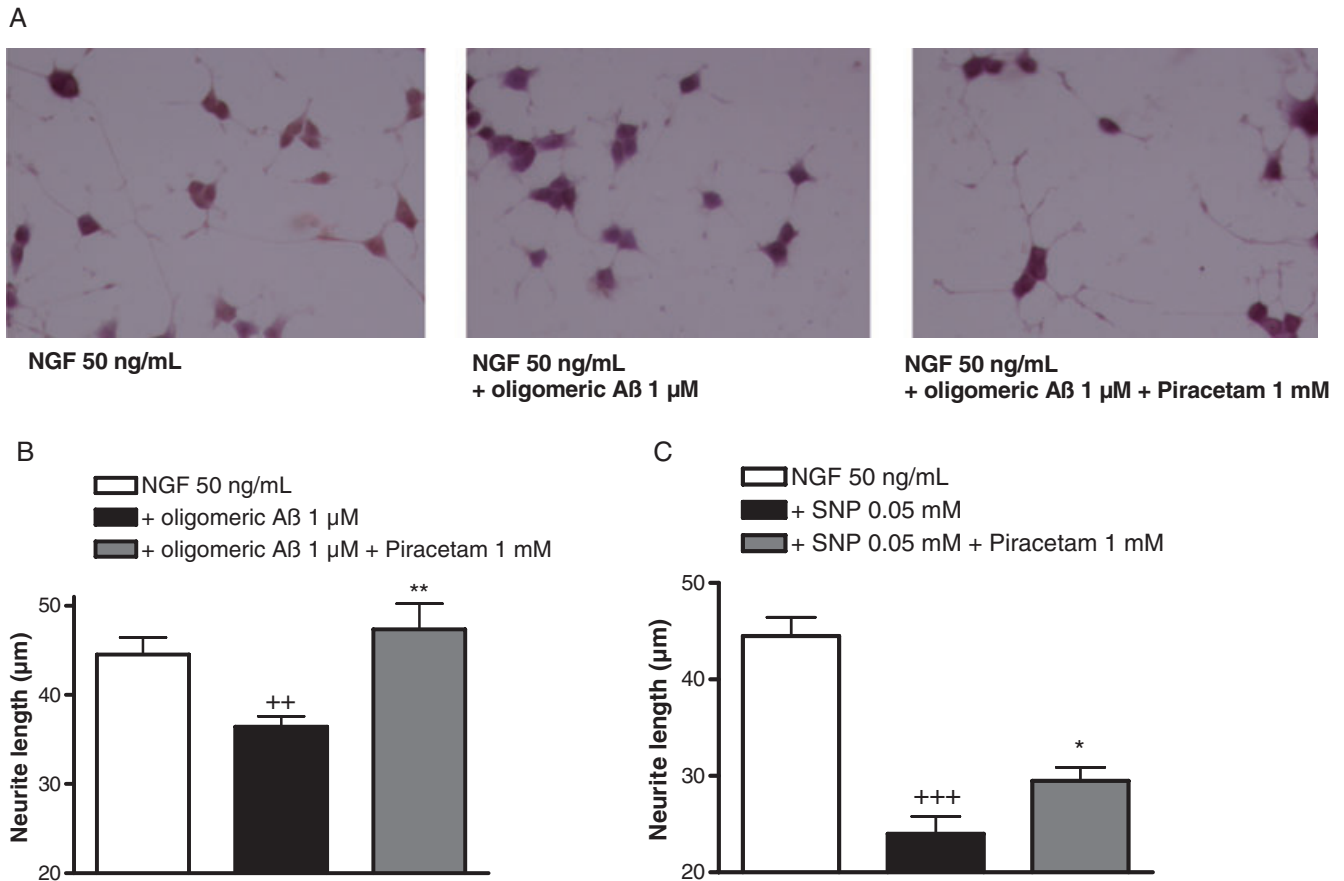


Figure 4 Piracetam protects against A β and SNP induced impairment of neurite outgrowth. PC12 cells were treated over 6 days with NGF 50 ng·mL⁻¹ in the presence or absence of oligomeric A β 1 μ M or SNP 0.05 mM. In addition, piracetam 1 mM was added and the effects on neurite outgrowth were investigated. (A) Representative images from cells treated with NGF 50 ng·mL⁻¹, NGF + oligomeric A β , and NGF + oligomeric A β and piracetam. (B) Neurite length of PC12 cells treated with NGF, NGF + oligomeric A β , and NGF + oligomeric A β + piracetam. Data are expressed as means \pm SEM (n = 6–7) ++ P < 0.01 NGF versus oligomeric A β ; ++ P < 0.01 NGF + oligomeric A β versus NGF + oligomeric A β + piracetam, student's unpaired t -test. (C) Neurite length of PC12 cells treated with NGF, NGF + SNP 0.05 mM, NGF + SNP 0.05 mM + piracetam. Data are expressed as means \pm SEM (n = 6–7) +++ P < 0.001 NGF versus NGF + SNP; * P < 0.05 NGF + SNP 0.5 mM versus NGF + SNP 0.05 mM + piracetam, student's unpaired t -test. A β , β -Amyloid; NGF, Nerve growth factor; SNP, Sodium nitroprusside.

P < 0.05) under conditions of optimal NGF stimulation. A reduction of neurite outgrowth depending on A β load was also observed in our PC12 cells transgenic for human APP, where we observed a reduction of neurite length (Figure 5A), which could be substantially ameliorated by piracetam (Figure 5B). The enhancing effect of piracetam was observed over the whole NGF concentration range (1–50 ng·mL⁻¹) (Figure 5C and D), still leading to increased neurite length under maximum NGF stimulation.

Discussion

Our findings and those of others indicate that A β neurotoxicity is strongly associated with oxidative stress leading to mitochondrial damage and impaired synaptic function (Blanchard *et al.*, 2003; Eckert *et al.*, 2008; Hauptmann *et al.*, 2009; Reddy and Beal, 2008; Shankar *et al.*, 2008). We have previously shown that the cell models also used in the present study (PC12 and HEK cells as well as acutely dissociated mouse brain cells) are appropriate to investigate the detrimental effect of A β peptides applied extracellularly, on several

measures of mitochondrial function including MMP, ATP synthesis, as indicators of oxidative stress, as well as measures of apoptosis (Marques *et al.*, 2003; Keil *et al.*, 2004; Hauptmann *et al.*, 2009).

In agreement with our previous findings where piracetam improved mitochondrial dysfunction following oxidative stress generated by H₂O₂ or SNP (Keil *et al.*, 2006), piracetam also ameliorated mitochondrial dysfunction following A β _{1–42} and A β _{25–35} exposure in PC12 cells and in acutely dissociated brain cells prepared from young and aged mice. The concentration range needed (0.1–1.0 mM) is comparable to the plasma concentrations found in patients after therapeutic doses of piracetam (200–2000 μ M) (Saletu *et al.*, 1995). In previous studies, we showed that piracetam had no effect under basal conditions, without additional insult (Keil *et al.*, 2005). The effect of piracetam on enhanced metabolic activity was shared by two analogues (oxiracetam, aniracetam), again at concentrations close to those needed to obtain enhanced cognition (oxiracetam only somewhat, but aniracetam considerably more potent than piracetam). A comparable protection against A β -induced mitochondrial dysfunction was seen in dissociated brain cells of young and aged mice

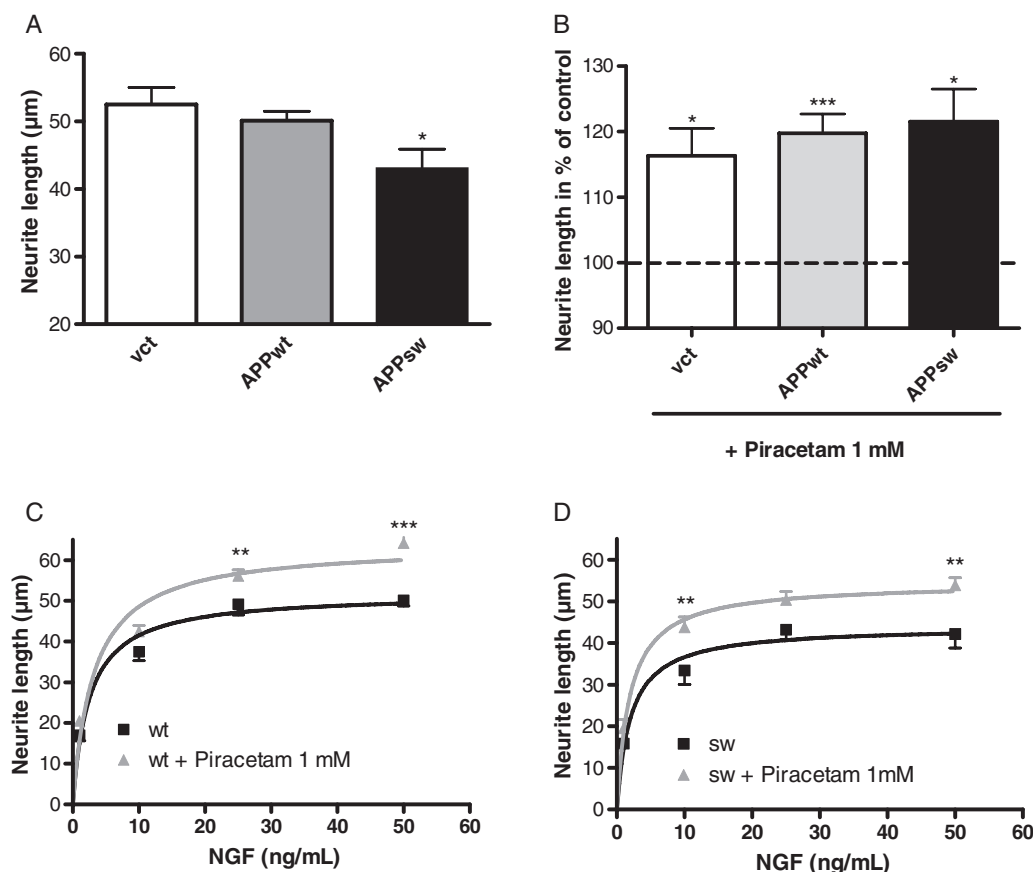


Figure 5 Piracetam improves the effect of the neurotrophin NGF in APPwt and APPsw PC12 cells on neurite outgrowth. APPwt, APPsw and vct PC12 cells were treated over 6 days with NGF 50 ng·mL⁻¹ in the presence or absence of piracetam 1 mM and neurite outgrowth was measured. (A) The neurite length in APPsw PC12 cells was significantly reduced compared to vct PC12 cells (transfected with the corresponding vector). (B) In the presence of piracetam the neurite length after treatment with NGF is improved in all three cell types. The effect is normalized to the respective control (without piracetam, 100%). (C) In the presence of different NGF concentrations (1–50 ng·mL⁻¹) piracetam improved the neurotrophic effect of NGF in APPwt (C) and APPsw cells (D). Data are expressed as means \pm SEM ($n = 6-7$) ** $P < 0.01$, *** $P < 0.001$ versus the respective control, two-way ANOVA with Bonferroni's post test. APPsw, Swedish amyloid precursor protein mutation; APPwt, Wildtype human amyloid precursor protein; NGF, Nerve growth factor.

treated with piracetam for 2 weeks. The effect was considerably more pronounced in the aged animals. Again, the active dose needed (0.1–0.25 g·kg⁻¹) is close to the recommended human dose (0.07 g·kg⁻¹ or 4.8 g per day). However, the protective effect of piracetam against SNP-induced oxidative stress seemed to be less than that against A β -mediated toxicity.

A β induced mitochondrial dysfunction, which precedes the development of A β plaques, has been previously described by our laboratory, in the brains of mice transgenic for human APP bearing the Swedish double mutation (Hauptmann *et al.*, 2009). At the age of 3 months, dissociated brain cells from these animal show pronounced measures of mitochondrial dysfunction (Hauptmann *et al.*, 2009) including reduced MMP and decreased ATP synthesis, as confirmed in the present data. Consistent with its beneficial effects on mitochondrial dysfunction induced by brain aging, piracetam, when given subchronically under similar conditions, also considerably improved MMP and ATP production in tgAPP mice.

Our observation of significantly reduced brain levels of soluble A β ($P < 0.01$) in the piracetam treated tgAPP mice was

unexpected. However, as increasing evidence indicates enhanced A β production following oxidative stress (Jin *et al.*, 2008; Guglielmotto *et al.*, 2009), the reduced A β brain levels in piracetam-treated tgAPP mice again might be a consequence of improved mitochondrial function. This concept was confirmed by experiments showing protection by piracetam against the raising of A β levels by SNP, in APPwt HEK cells. In addition, piracetam improved MMP under similar conditions. Even if piracetam reduced A β levels only in both experiments by 25%, its ability to lower A β is further supported by a study on plasma A β levels in a large population of geriatric patients where only patients treated with piracetam or with another metabolic enhancer showed reduced plasma A β levels (Blasko *et al.*, 2005). Although plasma A β mainly seems to originate from peripheral tissues (blood cells), these findings may further confirm the concept that enhancing mitochondrial function by piracetam can reduce A β production.

As mitochondria are highly localized at the synaptic level, impairment of mitochondrial function is importantly associated with synaptic deficits including reduced synapse formation and impaired neuritogenesis (Schon and Manfredi,

2003; Mattson, 2007). Accordingly, reduction of synaptic plasticity by low molecular weight (oligomeric) A β species has been considered as a key pathomechanism of AD, beginning quite early in the course of the disease (Mattson, 2007; Walsh and Selkoe, 2007; Reddy and Beal, 2008; Shankar *et al.*, 2008). Neurite outgrowth as an important part of synaptic plasticity has been repeatedly reported to be impaired by β -amyloid peptides *in vitro* and *in vivo* (Figueroa *et al.*, 2002; Hirata *et al.*, 2005; Hu *et al.*, 2007; Petratos *et al.*, 2008). In our initial experiments, we could confirm that A β_{1-42} reduced neurite outgrowth using PC12 cells *in vitro* under conditions of optimal trophic support. The effect was already present at nM concentrations and was much more pronounced for oligomeric than for fibrillar A β_{1-42} , confirming other findings (Evans *et al.*, 2008). Piracetam significantly improved neurite outgrowth under these conditions ($P < 0.01$). Piracetam was similarly effective when reduced neuritogenesis was induced by intracellular production of A β (PC12_{wt}, PC12_{sw} cells). Piracetam's effectiveness was seen at low up to maximum NGF concentrations, where it still significantly enhanced NGF activity, suggesting that piracetam is not merely acting by shifting the NGF dose-response curve to the left. In addition, some direct neurotrophic effects of piracetam are suggested by our findings of increased neurite length in vctPC12 cells, without A β impairment, and in PC12 cells after inducing oxidative stress. But these effects are rather small. As all those conditions are associated with mitochondrial dysfunction and metabolic impairment, we propose that improved mitochondrial function underlies the neurotrophic effects of piracetam.

The proposition that piracetam compensates for reduced neurotrophic support associated with cellular (mitochondrial) dysfunction may explain why piracetam seems to enhance the restitution and reorganization of neuronal circuits after periods of brain damage in experimental animals (Coq and Xerri, 1999; Xerri and Zennou-Azogui, 2003). Moreover, piracetam not only reduces neuronal loss but also enhances synaptic reorganization following chronic alcohol intake (Brandao *et al.*, 1995, 1996). Similarly, neurotrophic properties have been associated with the restitution of EEG parameters in post-stroke patients following piracetam treatment (Szelies *et al.*, 2001).

While the concept of A β -induced mitochondrial dysfunction as a major, functionally relevant, pathomechanism in AD has received substantial support over the last decade, improving mitochondrial function as a target for new drug development has not been similarly supported, as most interest has been directed to compounds leading to reduced A β load. However, as several compounds out of those disease-modifying drug classes have recently failed to show clinical effectiveness in AD trials (Gura, 2008), a report about substantial therapeutic effects of dimebon in a 1-year clinical trial (Doody *et al.*, 2008) generated considerable interest. Although originally used as an antihistaminic drug, dimebon was later characterized as a mitochondrial stabilizer (Bachurin *et al.*, 2003; Bernales *et al.*, 2008) with properties similar to those reported for piracetam here. The concept of using mitochondrial protection as treatment strategy for dementia has recently been further supported by preliminary data of substantial clinical improvement in AD patients treated with

methylene blue (Gura, 2008). Interestingly, this drug not only has been shown to enhance cognitive functions in several animal studies associated with elevated oxygen consumption, but also seems to enhance mitochondrial function by activating complex I and IV activities at the cellular level (Riha *et al.*, 2005; Callaway *et al.*, 2002, 2004; Atamna *et al.*, 2008).

In conclusion, in view of the increasing interest in mitochondrial protection as treatment strategy in dementia, our findings of substantial protection by piracetam of brain mitochondria against A β -induced dysfunction deserve further attention.

Acknowledgements

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Conflicts of interest

K.L. received honorarium for scientific lectures from UCB. W.E.M. is a paid consultant of several pharmaceutical companies, including UCB (Belgium), but receives no rewards from sales of any products.

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